

Restrictive Practices Unit



See the Person, See the Practice in the Whole System

Allied Health Professions Day 2025

Trinh Mai – Senior Authorising Officer



Government
of South Australia

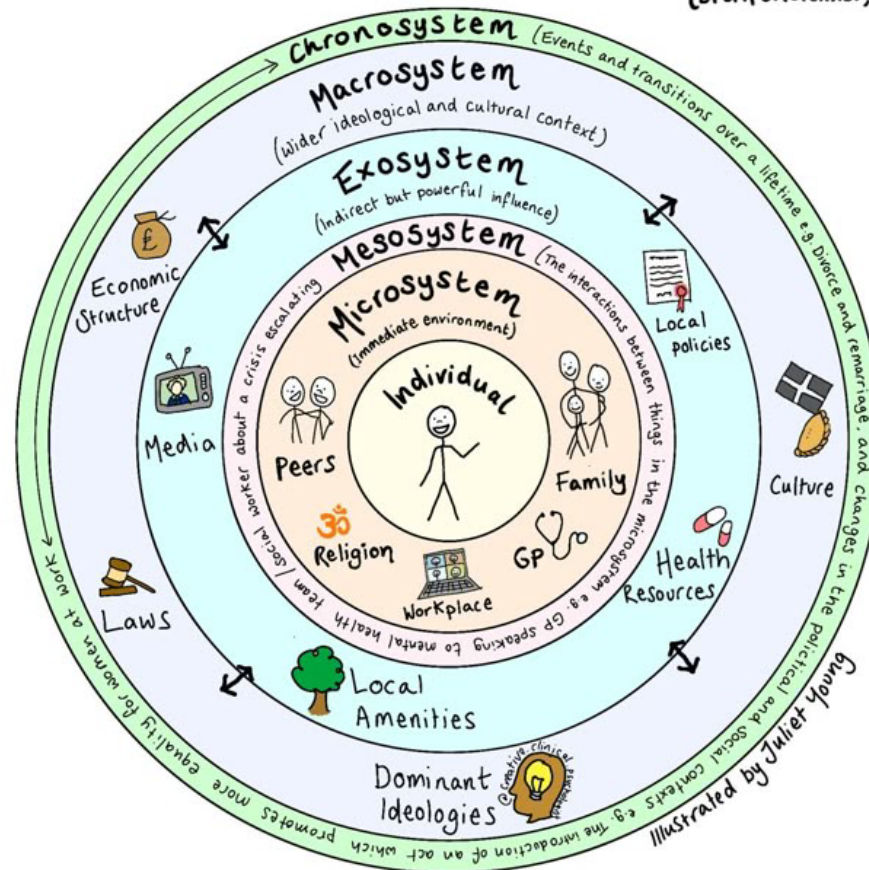


human
services



Ecological Systems Theory

(Bronfenbrenner, 1979)



Social Model of Disability

Disability is the result of the interaction between people living with impairments and an environment filled with physical, attitudinal, communication and social barriers.

“Social workers drive change in the conditions around a person that contribute to their inclusion and engagement, and provide them with the tools they need to be the best versions of themselves.”



Food related behaviours and restrictions





Culture Bound Syndromes – Westerman (2021)

Culture Bound Syndrome	Rural name / description	Urban Name / description
Being “sung”, cursed or having the “bone” pointed	Singing, pointing the bone	Being sung Being cursed
Longing for Country	Sick for country, Crying for country	Longing for country, sick for country
Wrong Way Relationships	Wrong way	Wrong way
“Sorry Time”	Sorry time, funeral time	Funeral time
Pathological grief and hysteria	Sorry grief	Grieving time
Self-harmful behaviours and pain tolerance	Sorry cutting	Sorry cuts
Spiritual visits	Visits	Visits



Gendered Responses to Women's Sexuality





BSP implementation and progress

- What strategies have been implemented over the past year? What was successful and what was not?
 - What changed **for** the NDIS participant over the past year and what changed **in** them?
 - What behaviours increased in the past year and what behaviours decreased? Why?
 - How well did the systems around the NDIS participant work to support them?
 - What efforts were made to build skills and abilities?
 - What were the barriers that the NDIS participant faced?
 - How did the practitioner and the care team actively support the participant to move forward in their goals?
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Reduction and Elimination Planning

Cognitive Barriers and Biases

- Unreasonable behaviour expectations
- Unclear standards
- Shifting standards
- Circular logic

1. What are the objective indicators that would trigger the first stage of reduction of an RP
2. What does that first stage look like?



Recognition of Institutionalised responses to RPs

Positive indicators of choices

- social stories that let people with disability know they can go outside whenever they want
 - visuals that the person touches to let staff know what item they want and this is honoured each and every time
 - records that reflect the implementation of these social stories and visuals
 - log books that show the days when the person has told their workers they want to go out and the workers supports them each and every time.
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