



Contacts for safeguarding assistance

Emergency assistance

 000 – in an emergency (police, ambulance, fire services)

If someone is in immediate danger or requires urgent medical care.

SA Mental Health Triage

 13 14 65


For urgent mental health assistance. The SA Health Mental Health Triage Service operates 24 hours a day, 7 days a week.

Police Assistance

 131 444

For non-urgent police assistance.

Adult Safeguarding Unit – South Australia

 1800 372 310
(weekdays 9am to 4pm)

 adultsafeguardingunit@sa.gov.au

For information, advice, support, and to report concerns about abuse or mistreatment of adults.

Aged Care Quality and Safety Commission

 1800 951 822

 agedcarequality.gov.au

Report concerns about abuse or neglect of an older person by an aged care support worker or provider.

Aged Rights Advocacy Service (ARAS)

 1800 700 600

ARAS is a free, confidential advocacy service that supports older South Australians, especially those in care or at risk of abuse. It assists with issues related to aged care, home support, and elder abuse.

Carer Gateway

 1800 422 737

Provides free, nationwide support for caregivers. It offers practical help such as counselling, coaching, respite care, peer support, and tailored assistance packages to make caring easier and more sustainable. Carers can access services online, by phone, or through local providers, with a focus on improving wellbeing and helping carers navigate systems like the NDIS and aged care.

Carers SA

 (08) 8291 5600


Carers SA is the lead provider of Carer Gateway services in South Australia, offering free support to unpaid caregivers who look after someone with disability, illness, mental health challenges, or age-related needs. They provide counselling, coaching, respite care, peer support, and tailored assistance to help carers manage their responsibilities and maintain wellbeing.

Crisis counselling services

 13 11 14 (Lifeline Australia)

 1300 22 4636 (Beyond Blue)

 1800 650 890 (Headspace)

 13YARN (13 92 76)
24/7 Crisis support for Aboriginal and Torres Strait Islanders

Disability Advocacy and Complaints Service of South Australia Inc. (DACSSA)

 (08) 7122 6030

DACSSA is a free, independent advocacy service that supports people with disability in South Australia. It provides information, helps resolve issues, and offers support at meetings or hearings.

Domestic Violence Crisis Line

 1800 800 098

Crisis support for people experiencing domestic violence. **Must be either intimate partner violence or Aboriginal family violence.**

Health and Community Services Complaints Commissioner

 (08) 7117 9313 or

 1800 232 007

 info@hcscs.sa.gov.au

Report concerns and complaints about health and community services in South Australia.


Legal Services Commission (SA)

 1300 366 424


For legal support and information for issues involving abuse, intervention orders, asset protection from others (including family) and matters related to wills and powers of attorney.

Local Area Coordinators (LACs)

Feros Care

 1300 090 256 (6am to 6pm, AEST, Monday to Friday)

Baptcare

 1800 960 595

Mission Australia

 1800 931 543

Provides support to individuals with disabilities to access the National Disability Insurance Scheme (NDIS) and achieve their personal goals.

Metro community geriatric services

(Central Adelaide)

Multidisciplinary Community Geriatrics Service (MCGS)

☎ (08) 7133 9993

@ health.calhnicgeriatricservices@sa.gov.au

(Southern Adelaide)

GEM@Home

☎ (08) 87425 0346

@ health.salhngemathome@sa.gov.au

(Northern Adelaide)

Northern GEM

☎ (08) 7321 4014

@ nalhncommunitygem@sa.gov.au

Provides community-based support for older people with complex medical, functional and psychosocial needs.

National Domestic Family and Sexual Violence Counselling Service

☎ 1800 RESPECT (1800 737 732)

For 24/7 counselling support to people impacted by domestic, family and sexual violence.

NDIS Quality and Safeguards Commission

☎ 1800 035 544

@ ndiscommission.gov.au

Report concerns about abuse or neglect of a person with disability by an NDIS support worker or provider.

Office of the Public Advocate (OPA)

☎ 1800 066 969

@ opa.sa.gov.au

For information about guardianship and administration orders, advance care directives and powers of attorney, SACAT and its processes, consent to medical treatment and informal arrangements. OPA may be appointed as guardian for adults who are unable to make decisions for themselves. OPA also provides dispute resolution services for disputes relating to advance care directives.

Relationships Australia South Australia

☎ 1300 364 277

Mediation and counselling for individuals and families.

South Australian Civil and Administrative Tribunal (SACAT)

☎ 1800 723 767

SACAT helps resolve legal issues through mediation or formal hearings. It handles civil and administrative matters and can make orders for guardianship, administration, mental health treatment, and tenancy related orders.

Safe at Home (delivered by WSSSA)

 (08) 8152 9200

 Contact@womenssafetyservices.com.au

Home safety modifications for people experiencing domestic violence.

Must be either intimate partner violence or Aboriginal family violence.

Uniting Communities Disability Advocacy Service

 (08) 8202 5960 or

 1300 886 220 (for country callers)


To help people to navigate the NDIS, understand their rights and resolve issues.

Uniting Communities Law Centre: Elder Abuse Unit

 (08) 8202 5960

The Elder Abuse Unit of Uniting Communities provides a free service to support individuals experiencing elder abuse. This service is available to people aged 65 years or over. The unit offers information, support, and legal advice to those affected by elder abuse and provides a broader assessment to develop a way forward.


Victims of Crime South Australia

 (08) 7322 7007

 Victimsofcrime@sa.gov.au

Home safety modification for victims of crime relating to intimate partner or family violence. They may also offer monetary compensation for victims of crime.

Women Safety Services SA (WSSSA)

 (08) 8152 9200

 Contact@womenssafetyservices.com.au

Support for women and children who are experiencing domestic and family violence.

Yarrow Place Rape and Sexual Assault Service (SA)

 1800 817 421

Free, confidential support for people aged 16 years and over who have experienced sexual assault, and therapeutic programs for young people aged 12 to 25.

It includes a 24 hour crisis response (medical, forensic, and support) and collection of forensic evidence at your request.