



Community Connections Program

Easy Read



About the Community Connections Program



The Community Connections Program is for adults in South Australia.

In this paper, we will call it the Program.

The Program can help you do things like:



- Take part in local activities,



- Join support groups,



- Make friends,



- Use local services.

Who can use the Program

You can use the Community Connections Program if you:



- Live in the South Australia,



18 → 64

- Are aged 18 to 64,



- Need help to make changes in your life,



- Cannot use the National Disability Insurance Scheme (NDIS),



- Cannot use My Aged Care.

How the Program can help you



The Program can help you to make some **goals**.

Goals are things you want to achieve.



You choose the goals you want to achieve.



For example, you might want to join a club and make new friends.

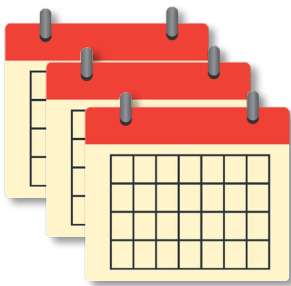
Your Program Partner could help you find a club that is good for you.

How long the Program can help you for



The Program gives **short-term** support.

Short-term means lasting for a short time.



You can be part of the Program for 12 weeks.



If you need support after 12 weeks,
your Program Partner will talk to you.

They will help you make a plan for what happens next.

Get started with the Program



If you want to use the Program, call the Program Partner in your area.

They will talk to you about how they can help.

Call a Program Partner

ANGLICARESA

- Southern Adelaide: Anglicare SA South.
Call 0481 455 461

ANGLICARESA

- Northern Adelaide: Anglicare SA North.
Call 0481 476 561



- Western Adelaide, Limestone Coast, Murray and Mallee, Fleurieu Peninsula, Kangaroo Island: Skylight Mental Health.
Call 8378 4100



- Eyre and Western, Far North, Yorke and Mid-North: Centacare Catholic Country SA.
Call 1800 759 865



- Adelaide Hills, Barossa, Light and Lower North: Lutheran Care.
Call 8562 2688



- Eastern Adelaide: Uniting Communities.
Call 8202 5291