




The Adult Safeguarding Unit can help.

Our service is confidential and you can choose to remain anonymous.

Call 1800 372 310

Monday to Friday 9.00am to 4.00pm if you are concerned about abuse or mistreatment of yourself or someone you know.

Contact us

-  Complete the online form at adultsafeguardingunit.sa.gov.au
-  Email adultsafeguardingunit@sa.gov.au
-  Call 1800 372 310 Monday to Friday from 9.00am to 4.00pm

Do you need an Interpreter?



Call the Aboriginal Language Interpreting Service (ALIS) on 1800 280 203 or see translate.sa.gov.au/ALIS

Contact the National Relay Service

If you are unable to hear or speak relayservice.gov.au

Is someone's life in danger? Call 000

Feedback

-  ASUcomplaintsandfeedback@sa.gov.au
-  Director, Adult Safeguarding Unit
PO Box 196, Rundle Mall SA 5000

Alternative formats

The information in this publication can be provided in an alternative format or another language on request by calling 1800 372 310.



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Adult Safeguarding Unit

Protecting you and your rights



SUPPORT FOR A
SAFE, STRONG MOB



Are you being abused?

If you or someone you know is being abused or mistreated, contact the **Adult Safeguarding Unit** for help.

The Unit safeguards the rights of adults who may be vulnerable to abuse. Advice is tailored to your needs, wishes and situation.

If you have questions or concerns about the actual or suspected abuse of someone who may be vulnerable, contact us for free advice, information and support.

Our service is confidential and you can choose to remain anonymous.



Get the help you need

Some examples of abuse are:



Physical abuse: hitting or hurting someone.



Emotional abuse: threatening, yelling, shouting, swearing or calling names, making someone feel sad.



Sexual abuse: going into someone's room and touching them without permission.



Financial abuse: stealing money from family.



Neglect: not getting enough food, clean clothes or help.

Are you worried about:

- ⚠️ **Not feeling safe** to ask what you want?
- ⚠️ **Feeling cut-off** from family and community?
- ⚠️ Your **money being taken** without your permission?
- ⚠️ Being **forced to sign** legal documents?
- ⚠️ Someone making you **feel scared** or **unsafe**?
- ⚠️ Someone **physically hurting you**?
- ⚠️ Feeling **upset, frightened** or **worthless**?

