



Co-Design Phase 2

Deepening and Designing



Aim of Today: Share and plan for our vision for a new service system in which children are safe at home in family, community and culture

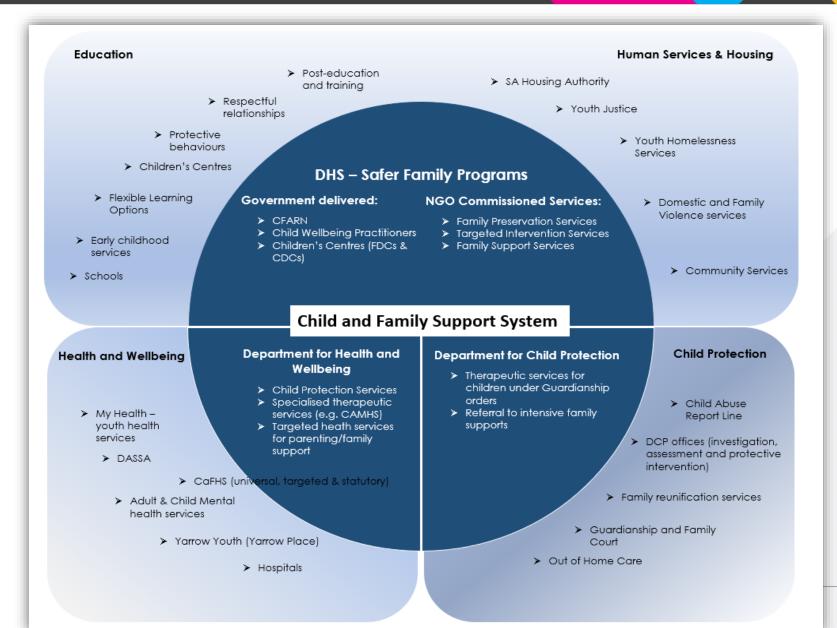
Implications of the Co-Design

Current Context

Plan







A support system that keeps children safe at home in family, community and culture



A support system that keeps children safe at home in family, community and culture







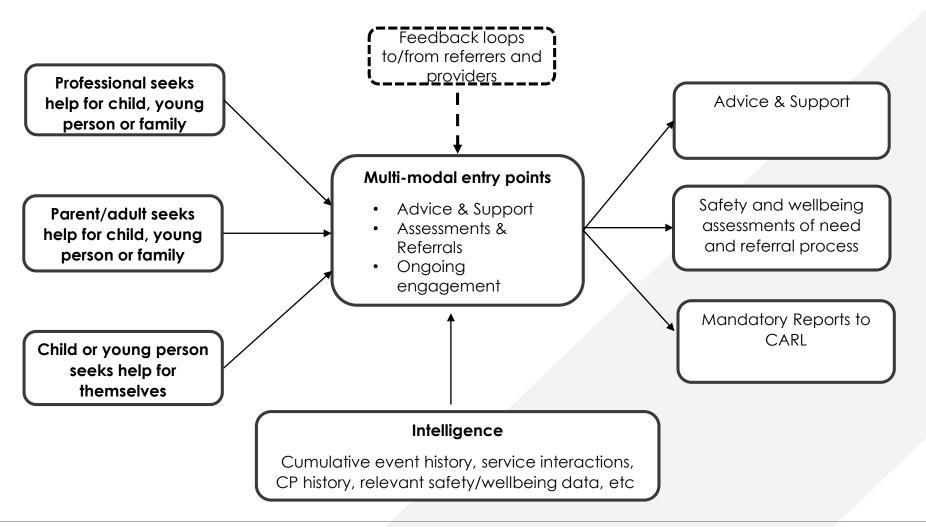




Aboriginal & Torres
Strait Islander
Co-design principles
and design criteria



Proposed Early Help & Support Model





Principles of service interaction:

- Service options & warm referrals
- Monitoring & review of actions with identified feedback loop
- Information sharing
- Working in partnership
- Culturally accountable and responsive



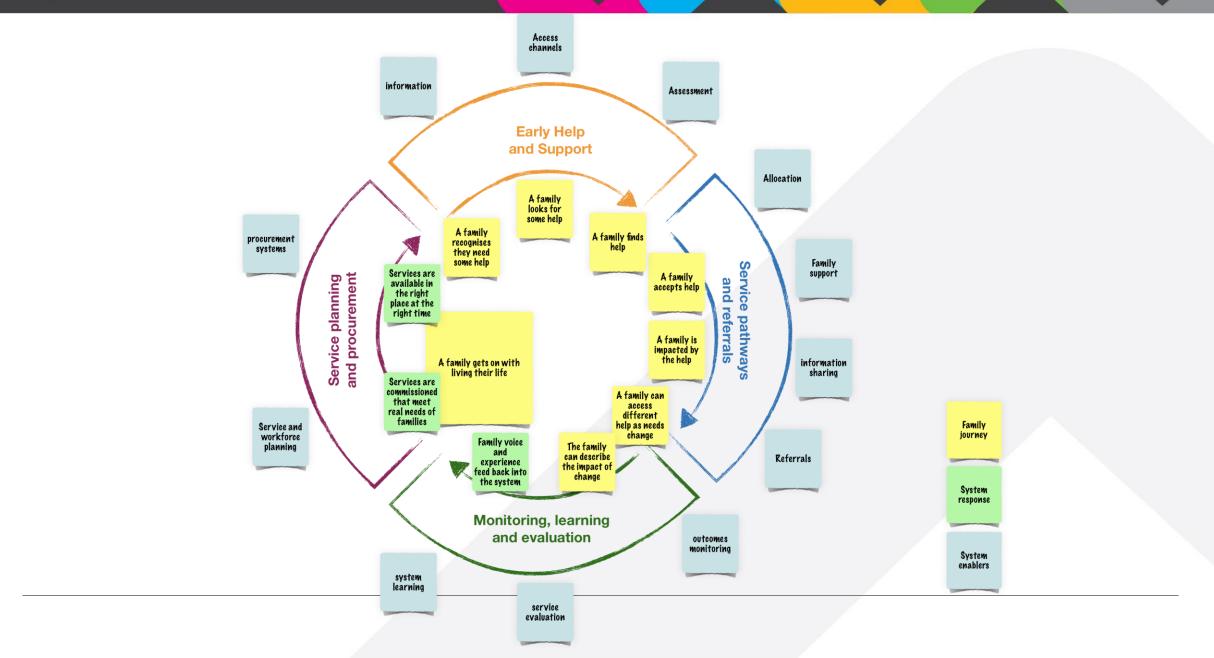
Commissioning Cycle

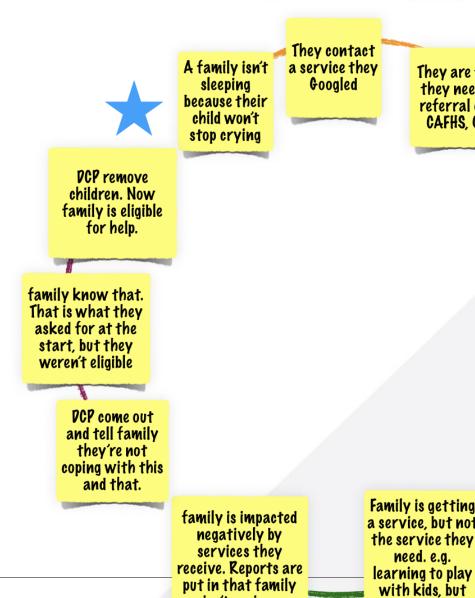




A Focus on Outcomes

- DHS is developing an outcomes hierarchy that sit across our key portfolio areas
- Each component of the CFSS will support achievement of these outcomes
- Individual service contracts will have performance measures that reflect that service's contribution to the overarching outcomes of the CFSS
- There will be some performance measures that are common across the same type of services (e.g. intensive family support services)
- There may be other measures that are specific to individual services and which reflect their specific client's characteristics and the context and location in which the services are being delivered





isn't coping.

still not sleeping

They are told they need a referral e.g. They go for CAFHS, GP referral and are told they aren't eligible, don't fit criteria. BARRIERS OR they are put on a waiting list family is desperate, still not sleeping, not coping family finds a different service. It's not Family is getting what they need, a service, but not but it's the service they something need. e.g.



Trauma Informed Practice: A definition from the Australian Institute of Family Studies

"Trauma-informed practice (TIP) is a strengths-based approach to healing that: is grounded in an understanding of and responsive to the impact of trauma; emphasises physical, psychological, and emotional safety for people seeking help and for the helpers; and creates opportunities for people affected by trauma to rebuild a sense of control and empowerment. It recognises the prevalence of trauma and is sensitive to and informed by the impacts of trauma on the wellbeing of individuals and communities".

Generally assumed TIP Principles from literature and research:

- 1. Trauma Awareness
- 2. Safety
- 3. Choice & Empowerment
- 4. Strengths Based



What we think we need

Awareness of trauma among service users, staff and community

TIP Competence among staff and leadership

Commitment from leadership to prioritise TIP principles in strategic vision, etc.

Collaboration in building body of TIP wisdom

Process & Infrastructure to support and sustain TIP efforts

Seamless links to Trauma-Specific services

What we think we should do

Reflect TIP principles through:

Policies

Practices

Physical Environment

Personal Interactions

What we think will happen

Service users and staff will:

Feel Safe

Feel Empowered

Feel Valued & Cared for

Believe the organisation has their best interests in mind

Trust the organisation, staff and leadership

Outcomes

Service User
Engagement and
Satisfaction

Staff Engagement and Satisfaction

Better Health and Wellness

More effective service delivery





Moving towards our vision:

- Common Elements
- Selecting approaches that work in our context



Why take a common elements approach?

Using common elements offers:

- > Optimisation of interventions
- Greater access to, and understanding of, practices that are evidence informed
- Enhanced user-centred design of interventions
- A non-siloed approach to treating comorbidity and addressing complex needs
- An opportunity to focus on sustainability and consistency of interventions



Priority population groups

Young parents

First 1000 days

Adolescents with complex trauma histories

Aboriginal children and families with high and complex needs



"The purpose of a Monitoring and Evaluation phase is to assess the effectiveness and value of the commissioned services whilst providing ongoing support to the Provider"

NSW North Coast PHN

