



Government of
South Australia



human
services

Youth Action Plan 2025

April 2025

Easy Read



Acknowledgment of Country

To **acknowledge** is to show respect.



We acknowledge the Aboriginal and Torres Strait Islander people



- across South Australia,



- across Australia.

They are the traditional owners of



- the land,
- the waters.

How to use this plan



The SA Government Department of Human Services (DHS) wrote this plan.

When you see the words 'we' or 'us', it means DHS.



We wrote this plan in an easy to read way.

Bold
Not bold

We have written some words in **bold**.

This means the letters are thicker and darker.



We explain what these words mean.

You can find out what they mean in the Word List.

The Word List is on page 21.



This Easy Read plan is a **summary** of our South Australia's Youth Action Plan 2024 to 2027.

This means it only includes the most important ideas.



You can find the other plan on our website at
www.dhs.sa.gov.au/YAP



You can ask for help to read this plan.

A friend, family member or support person may be able to help you.

What is in this plan

How to use this plan	3
What is in this plan	5
What this plan is about	6
About young people in South Australian.....	7
Priority groups who need extra support.....	9
How we made the plan	11
Things young people said are important	12
The finished plan	13
A new website for young people.....	17
What happens next	19
Contact us	20
Word List	21

What this plan is about



We are writing a new plan for South Australia.



The plan is about making South Australia a better place for young people.



The plan will last 4 years.

About young people in South Australian



Young people are aged 12 to 25.



Nearly 2 in 10 South Australians are young people.



Most live in Adelaide and the suburbs.



Most young people are students and workers.

About 2 in 10:



- were born overseas.
- speak a language at home that is not English.



About 1 in 10 young people is a **carer**.

This means they regularly help someone they know to do everyday tasks.

They do not get paid to be a carer.

Less than 1 in 10 young people:



- is an Aboriginal or Torres Strait Islander person.



- lives with disability or a serious health condition.

Priority groups who need extra support

Priority groups are people who need extra support to help them do what they want or need to do.

We have 9 priority groups in the plan.

They are young people who are:



- Aboriginal people,



- living with disability and/or neurodivergence,



- living away from their families in foster care or kinship care,



- living in the country,



- LGBTIQ+ people,



- from different cultures and backgrounds,



- carers,



- involved with the youth justice system,



- homeless or might become homeless.



We will give these young people extra support.

How we made the plan



We asked young people what they wanted in the plan.



A lot of young people told us the things that are important to them.

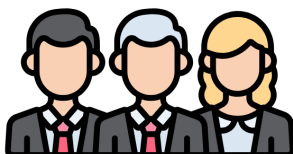


We put these things in the plan.



Other government departments will help us do the **actions** in the plan.

The actions are what we do so that young people can get what they need.



10 government departments will help us.

Things young people said are important



- Climate change and the rules that will help look after our environment,



- Getting information and support, especially for mental health,



- Being part of local sports and activities,



- Deciding what to do after finishing school,



- Getting ready to live as adults.
For example, getting a drivers licence.

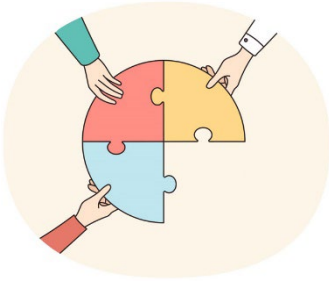


- Having somewhere to live,



- Being part of decisions that affect young people.

The finished plan



There are many laws and programs that help young people in South Australia.



Our actions will work with them.

The Youth Action Plan has 27 actions.



The actions are in groups called **themes**.

A theme is a main idea.

There are 6 themes.

Theme 1



This theme is about health, including mental health.

We will make it easier for young people to get help with their mental health. This is especially important for people living in the country.

Theme 2



This theme is about how young people get the services and information they need.



For example, we will put more **menstrual products** in schools, sports clubs and other places young people go.

Menstrual products are pads, tampons and other things people use when they have their period.

Theme 3



This theme is about making friends and being active.

For example, we will help local councils and communities find ways for young people to make friends and have fun through:



- sports and enjoying nature



- art



- cultural activities,



- other fun hobbies.

Theme 4

This theme is about getting ready to live as adults.

For example, we will help young Aboriginal people:



- do well in school,
- get ready for jobs in the future.

Theme 5



This theme is about having somewhere to live.

We will make sure young people have a better chance of finding a good place to live.

Theme 6



This theme is about being part of decisions that affect young people.

We will make it easier for young people to:



- be part of important decisions,
- share their ideas with leaders.

A new website for young people



There is a lot to learn about growing up and being an adult.

Young people said they want an easy way to find things out.



We will make a website for young people.



The website will be easy for everyone to use.



The website will have a lot of information.

For example, how to:



- get a drivers licence,



- enrol to vote,



- write a **resume**.

A resume tells employers about your skills and why you would be great for a job.

Some people call it a CV.

What happens next



- We will keep checking on these actions to see how well they are working.



- When the plan ends in 2028, we will tell everyone how well the actions worked.

Contact us



You can ask us about the Youth Action Plan.

You can call us on 1800 867 008



You can send us an email.

youthactionplan@sa.gov.au



You can visit our website.

www.dhs.sa.gov.au/YAP

Word List

Acknowledge

In this plan, to acknowledge is to show respect.

Actions

In this plan, the actions are what we do so that young people can get what they need.

Carer

A carer regularly help someone they know to do everyday tasks. They do not get paid.

Menstrual products

Menstrual products are pads, tampons and other things people use when they have their period.

Priority groups

Priority groups are people who need extra support to help them do what they want or need to do.

Summary

This means it only includes the most important ideas.

Theme

A theme is a main idea.

Credits

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