

Yunga Nungas

A 'Whatever it takes' approach

The Yunga Nungas program is an intensive response for Aboriginal young people with complex needs involved in the youth justice system. With MAYFS support, the young people co-design the program based on their needs, interests and future aspirations.

The structured program aims to strengthen the young people's:

- culture and identity
- social and emotional wellbeing
- family supports
- health and fitness
- numeracy and literacy
- employment and work readiness skills.

As a group, the young people are supported to build and repair relationships, problem solve and play an active role in challenging their offending behaviours and supporting one another to make positive change.

Supported by the Mums and Grannies group, the young people and their families have shared ownership of the group and their achievements.

Contact details:

- ✉ PO Box 2240 Regency Park SA 5492
- ☎ (08) 8414 8900
- ☎ Freecall: 1800 NUKKIN
- 📠 (08) 8414 8902
- @ mayfs.info@sa.gov.au
- 📍 18 Kateena Street Regency Park
- 💻 dhs.sa.gov.au

Accessing MAYFS services

Eligibility:

Aboriginal young people who have had contact with the youth justice system

Referrals:

Young people can be referred through SAPOL, Youth Justice, Courts, schools, community service organisations, or by family members, with consent of both the young person and their parent/carer.

Feedback

DHS Client Feedback

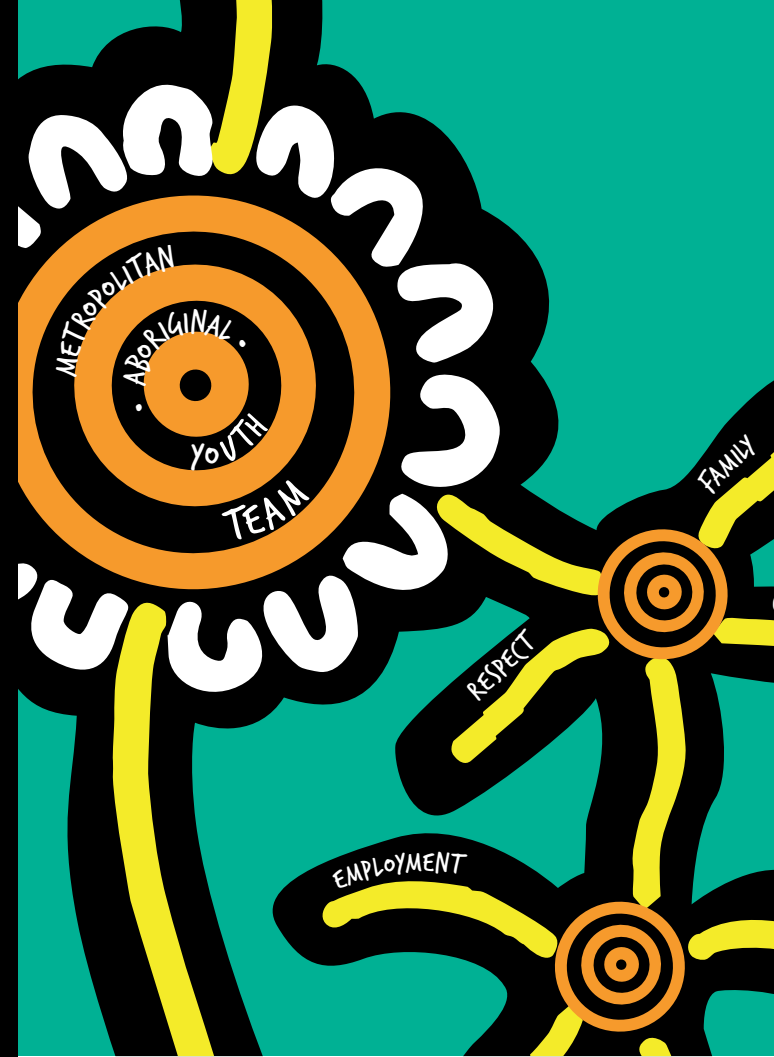
- ✉ GPO Box 292 Adelaide SA 5001
- @ DHS.clientfeedbackandcomplaints@sa.gov.au

Alternative formats

The information in this publication can be provided in an alternative format or another language on request by calling (08) 8414 8902.

Social media

   /HumanServicesSA



Metropolitan Aboriginal Youth and Family Services (MAYFS)



Government of South Australia
Department of Human Services



Our service

MAYFS is a dedicated Aboriginal service with a focus on diverting young people away from the justice system and toward improved life outcomes.

Our approach

Our restorative and family inclusive service has a strong focus on strengthening Aboriginal young people's connection to family, community and culture.

We recognise that young people are more likely to make positive changes in their lives, if they have a say in decisions, a supportive community, and access to positive opportunities for learning and social connection.

We work with young people and their families to keep them at the centre of decisions and planning. We work closely with other agencies, including Youth Justice, SA Police, Courts, schools, non-government and community service organisations to facilitate access to a range of services and programs.

Our staff

Our staff understand Aboriginal culture, and are skilled at engaging with the needs and requirements of Aboriginal children, young people and families in contact with the justice system.

Our aspirations

Our approach supports young people to be:

- engaged in school/training/work
- engaged in community activities such as arts, culture, music, sport and recreation
- in healthy relationships with family and friends
- not engaged in crime or risky behaviors
- confident, empowered, proud and respectful – a role model to others
- better connected to culture.

What we offer

- Family-inclusive case management, that involves young people and families in designing a plan that fits their needs.
- Flexible programming opportunities for social participation and cultural connection, including recreational, sport, language, dance, music etc.
- Family centred yarning circles that engage the young person and their family to solve problems, repair harm and make positive change.
- Connections to education, training, skills development and employment.
- Family support with legal matters and justice requirements, including attendance at legal appointments, advocacy in court, and explaining and navigating the legal system.
- Supported referrals to other services, including mental health, domestic violence, housing, financial counselling, drug and alcohol services etc.