

2022 South Australian Volunteer Awards Recipients

Joy Noble Medal

Recognising an individual volunteer for their outstanding contribution to the South Australian community

Monique Bareham

Advocate for lymphoedema support and awareness

Monique Bareham is a 'powerhouse' consumer advocate with an outstanding track record in the area of cancer survivorship and lymphoedema.

After beating cancer at 38, Monique was diagnosed with severe early-stage cancer-related lymphoedema - a progressive condition with no cure. She turned adversity into opportunity by working to address a lack of awareness and support in Lymphoedema patient care, and in the process, assembled what she calls the 'South Australian Lymphoedema Community'.

Specialised prescribed fitted compression garments are essential, costly and require regular replacement. Monique called for the establishment of a Compression Garment Subsidy Scheme (CGSS) and dedicated public lymphoedema clinics across the state. The launch of the South Australian lymphoedema CGSS provided many people with access to these vital garments, improving their quality of life.

Monique served as former President of the Lymphoedema Association SA Inc. (LASA) with determination and professionalism, strengthening this vital patient support and transforming it into a sustainable and trusted organisation for future generations.

Premier's Business Award for Corporate Social Responsibility

Recognising the strong contribution of South Australia's business sector to the community through its support of volunteering

RAA Group

The Foodbank RAA Mobile Food Hub is a dignified shopping experience on wheels for the most vulnerable in our community, particularly where there is limited access to food relief agencies.

RAA has shown exceptional leadership and corporate social responsibility with its support of the Foodbank RAA Mobile Food Hub, helping to provide much needed food relief to those in need in regional South Australia on a regular basis.

Funding is only part of the outstanding support that forms this transformational partnership. The RAA team has contributed thousands of volunteer hours with support ranging from packing and delivering hampers to maintenance and security.

The team at RAA are living their commitment to help Foodbank end hunger in South Australia and have supported Foodbank to distribute more than 115,393 kilograms of food across regional SA in the last 18 months, enough to put more than 230,000 meals on the table of those in need.

'The Andamooka' Community Project Award

Recognising a community, or group of volunteers for undertaking a community project resulting in significant community benefit

Paid 4 U Cafe

Paid 4 U Café in Ingle Farm is the first pay it forward café in Adelaide.

It operates under a charity named The Mustard Seed Family Project, which started in 2019 when the founder, Georgi Thomas saw a homeless man eating food from a rubbish bin. They predominantly raise funds through recycling bottles and cans, with all proceeds raised going

back to the homeless and other disadvantaged families as food, clothing, basic necessities and training.

Interacting with many homeless led to a cafe where the homeless or families who are financially struggling are welcomed.

Paid 4 U café enjoys a combination of paying customers as well as those receiving free meals, with those who pay automatically covering the cost of the next customer. Their client base is growing, helping them raise more funds to support local families.

The café assembles food hampers every fortnight and provides a place to learn coffee and cookery skills, operating under the philosophy of ‘teaching a man to fish’ and training people to get back on their feet.

Run by volunteers, Paid 4 U Café is changing the lives of disadvantaged people in the area one good meal at a time.

Excellence in Volunteer Management Award – in partnership with Volunteering SA&NT

Recognising a volunteer manager for their dedication to supporting and facilitating the engagement of volunteers

Amanda Parker

Manager, South Australian Volunteer Ranger Program, National Parks and Wildlife Service SA

Amanda Parker manages the South Australian Volunteer Ranger Program on behalf of the National Parks and Wildlife Service within the Department for Environment and Water (DEW).

The Volunteer Ranger Program provides a unique opportunity for South Australians with a passion for the environment to connect with nature and get involved in activities that help support the management of our parks and reserves. The program attracts young adult volunteers, helping them develop the skills and experience relevant to the workforce and offering a pathway from university towards employment in the environment sector.

Since commencing in the role in August 2020, Amanda has grown the program from a pilot project in two parks to a successful state-wide program and currently manages 130

volunteer rangers who help with management of the state's biodiversity and conservation, park management and visitor services.

Volunteer rangers also team up with 'Friends of Parks' volunteer groups across the state, creating a complementary relationship where the younger volunteer rangers and the traditionally older 'Friends' can share knowledge and make new social connections.
